

BE IN THE KNOW:



DOMESTIC VIOLENCE VICTIM SERVICES PROGRAM



WAYPOINT HELPS CREATE A SAFETY NET FOR DV VICTIMS

For over over 40 years, Waypoint has served as the area's comprehensive domestic violence services provider offering free, confidential services including:

- Legal and medical advocacy
- Support groups
- 24/7 Resource & Support Line
- Information and referrals
- Safety planning

LAST FISCAL YEAR
(JULY 1, 2022- JUNE 30, 2023):

SUPPORTED
2,254
SURVIVORS



INCREASED FROM 1,989
SERVED IN FY22

ANSWERED THE 24/7
RESOURCE & SUPPORT LINE
7,997 TIMES

FACILITATED **336**
SUPPORT GROUPS

Waypoint serves Benton, Black Hawk, Buchanan, Delaware, Dubuque, Linn, and Jones counties.

A NOTE FROM NELLY, DIRECTOR OF DOMESTIC VIOLENCE PROGRAM



Waypoint's Domestic Violence Victim Services Program continues to provide comprehensive services to over 2,000 victims every year within seven Northeast Iowa counties.

Many victims are isolated and unable to find safety and stability due to the coercive control from their intimate partner, as well as life-generated barriers such as employment, childcare, and housing. **Lethality increases significantly when a victim is trying to leave, requiring very thoughtful and strategic support from trained Victim Advocates; for this reason, our services are vital to the safety and well-being of our entire community.**

Waypoint's Advocates and the survivors they serve need your support to fulfil our mission of inspiring people to move forward.

CHANGING & SAVING LIVES

ANNE FINDS SAFETY FOR HER FAMILY

Anne and her children fled from domestic violence but were still facing layers of obstacles to safety. A Waypoint Advocate helping Anne file a Civil No-Contact Order identified these barriers to safety that the court system could not influence.

During safety planning, the Advocate talked further with Anne about ways her abuser continued to create control within her life making her overall sense of safety and stability feel unattainable. Anne expressed that although she now had the protective order requiring her perpetrator to stay away from her, she still needed a plan to maintain her housing moving from a two to a one-income household.

Waypoint provided Anne with financial assistance to pay utility bills and partial rent for the month while she worked with her employer to move from part-time to full-time work. The Advocate was also able to connect the victim to opportunities for child care while Anne extended her work hours so that she and her children could attain long-term stability and safety.



10 RED FLAGS OF DOMESTIC VIOLENCE

1. Jealousy
2. Intimidation
3. Domination
4. Fault finding
5. Possessive
6. Disrespect
7. Controlling
8. Entitled
9. Hypocrite
10. Isolation

For more information,
visit nnedv.org.

STEPHANIE ACHIEVES STABILITY AFTER WORKING WITH AN ADVOCATE



Stephanie was experiencing domestic violence and contacted Waypoint's 24/7 Resource and Support Line requesting help with housing. She was assaulted by her partner a week prior when she refused to give him her paycheck. Asserting herself did not work, it only resulted in an assault and he still took her money.

As a result, Stephanie was now late on rent and facing an eviction.

Waypoint supported her in filing a Civil No-Contact Order which ordered her ex out of the apartment she was living in. Her Advocate also helped her create a meaningful safety plan in case the Civil No-Contact Order did not deter him from further harassment, as well as provided rental assistance that prevented an eviction. Stephanie continues to work with Waypoint in creating more safety and stability so she is able to move forward.

**Names have been changed to protect the confidentiality of clients.*

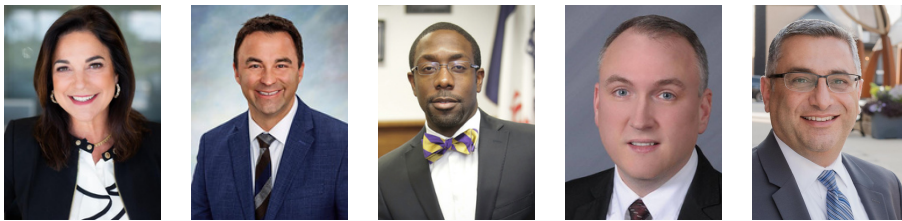
GENTLEMAN CAMPAIGN



Did you know that according to the National Network to End Domestic Violence, **1 in 4 women will experience domestic violence within their lifetime?**

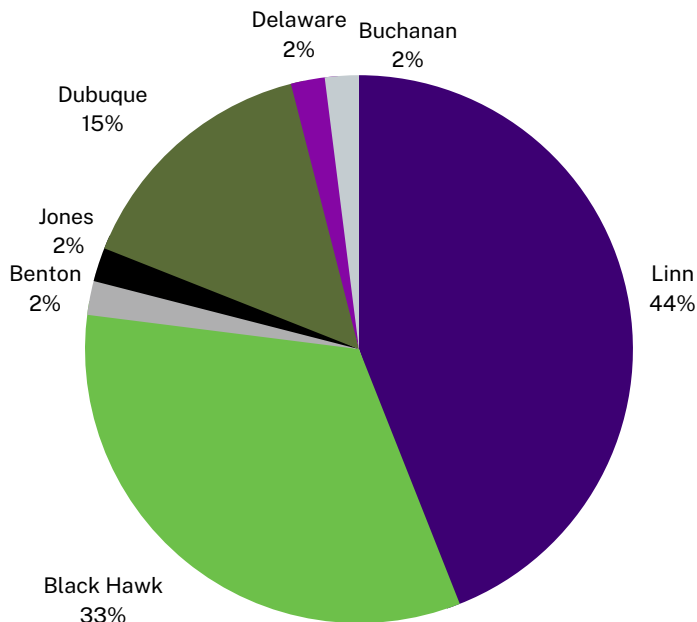
Waypoint established the Gentleman Campaign© in 2013 in an effort to spread awareness about domestic violence and encourage community advocacy from those who are committed to taking a stand against domestic violence with a specific focus on male involvement. Throughout the month of October, events are carried out to help community members understand the signs of domestic violence, how to support someone experiencing violence, and what they can do to help spread awareness. Together, we can make a difference!

GENTLEMAN DAY: OCTOBER 18



The mayors of Cedar Rapids, Dubuque, Waterloo, Cedar Falls, and Marion have declared Oct. 18 as Gentleman Day to help spread awareness about ending domestic violence. Wear your apparel and share your photos!

WHERE ARE SURVIVORS SERVED BY WAYPOINT LOCATED?



ADVOCATES



Waypoint is the comprehensive domestic violence service provider for seven Northeastern Iowa counties.

Each county receives service from dedicated Victim Advocates who specialize in serving one of the following populations: multicultural, rural, or urban. Additionally, a Hispanic Outreach Advocate is available to assist Spanish-speaking individuals.

Our goal is to ensure those needing our services are provided with best practice approaches to meet their needs and live a life free from harm.

MAKE A DIFFERENCE

VOLUNTEER SPOTLIGHT - JENN Z.

“Domestic violence is an extremely personal and secretive reality in our community. The causes are varied, but the constant is a woman who needs support and hope. That’s where Waypoint comes in and meets the survivor right where she’s at. Waypoint is a safe place where women can come and know they won’t be judged, only helped.

I became involved with Waypoint when I started to realize that violence isn’t always just physical. Threats and fear are just as much part of domestic violence and often what keeps a person trapped in the cycle of abuse. I had never considered myself a survivor of domestic violence until I began learning the nuances of that abuse and how I’d been working for years to overcome the effects of violence in my childhood. Knowing I had an understanding and knowing that I had done a lot of work and healing, I wanted to give back.

I help run the Finding Your Voice women survivor group and also do some medical on-call with Waypoint. Facilitating the group has put me face to face with women who have overcome extreme obstacles and abuse. These women are superheroes, and I am always sure to remind them of that. They have survived a spiral of abuse and chaos and had the strength to leave their situations and find peace. It’s not an easy path, to say the least... it’s one that takes strength and bravery. We all have something to offer our community and Waypoint is a place that will get to know you and help you find a place within the organization where you can start to give back.”

HOW YOU CAN HELP

- Make a monetary donation to support the Domestic Violence Program
- **Become a volunteer Victim Advocate**
- Raise awareness by following us on social media and sharing our posts
- **Donate gift cards, gas cards, and other needed items to support survivors**
- Purchase Gentleman Apparel and End Domestic Violence Apparel from RAYGUN to help raise awareness

If you would like additional information about the Domestic Violence Program, contact Nelly at 319.731.6159 or nelly@waypointservices.org.

If you have questions about donating, contact Autumn Paine at 319.731.6117 or apaine@waypointservices.org.



**LAST YEAR, 25 VOLUNTEERS
SHARED 4,175 HOURS TO
SUPPORT OUR DOMESTIC
VIOLENCE PROGRAM.**